



## **THRIVE PROGRAM FACILITATOR**

**The Down Syndrome Connection of the Bay Area** is passionate and dedicated to encouraging the unlimited potential in children and adults with Down syndrome. We empower, inspire and support people with Down syndrome, their families and the community that serve them, while fostering awareness and acceptance in all areas of life. We pride ourselves on developing services that are in line with our members' needs and continuously break down barriers to success by providing resources, technology and education through our direct services. Our Programs, THRIVE Classes, Medical Outreach Alliance, public policy outreach, education advocacy, new parent outreach, support groups and more reflect the diverse needs of our members.

### **THRIVE - Program Overview**

**Our participants THRIVE** when they are: **T**ogether, **H**appy, **R**espected, **I**ndependent, **V**alued & **E**mpowered. THRIVE is a program that is social, educational and developmental, geared specifically to the needs of individuals born with Down syndrome. The program embodies a unique combination of cognitive skills and social/behavioral interaction. The curriculum encompasses a wide range of activities. THRIVE is conducted by age group, with a focus on developing strong core strength, gross and fine motor skills, as well as social and friendship-building skills. For the younger aged classes, activities include obstacle courses, sensory based tasks, art, and music. For teens and adults, the three primary areas of focus are social/friendship, leisure/recreation, and inter/independent living.

### **THRIVE - Facilitator**

We are seeking a proactive, detail-oriented, compassionate person with strong teaching and facilitating skills and experience working with individuals with IDD to facilitate THRIVE within a small group setting of 8-10 students. This paid position averages 2 - 2.5 hours per week on average, including preparation time and in class/group time.

This position starts at \$35 per hour (in class time), plus \$20 per hour (prep/admin time).

### **Facilitator Responsibilities:**

- Work with Director of Programs to plan & implement weekly THRIVE curriculum, reflecting the existing program's goals (mentioned above).
- Manage and build a strong classroom community.
- Document each participant's progress and be able to share at the end of each Session.
- Document weekly attendance on a Google document by the end of each week.
- Document class goals and activities to be shared with families at the end of each session.
- Capture photos and or videos of classroom activities (for DSCBA use only).
- Engage with THRIVE volunteers, with assistance from DSCBA Volunteer Coordinator.
- Communicate with parents of THRIVE participants, as needed.
- Attend and participate in DSCBA staff meetings or other required meetings.
- Complete time sheets monthly and on time.
- Attend DSCBA fundraising events, as well as DSCBA community events throughout the year.

**For more info., contact Director of Programs: Teresa at [Teresa@dscba.org](mailto:Teresa@dscba.org), (925)362-8660, xt.102**